

# Emergency Medicine Foundation and ApolloMD Health and Well-Being Research Grant

## Request for Proposal

*Please read these instructions carefully. Applications that do not follow these instructions with regards to type size, length, format, and supporting documentation will be summarily rejected. No extension of the deadline will be granted.*

**Before submitting your application, please be sure that the following items have been addressed:**

- Information page is included as the first page of the application packet and is fully completed (sample attached)
- Type size is 11 pt. font, single-spaced and margins are one-half (.5) inch
- Evidence of IRB approval, or at least evidence of submission to IRB, from each institution, is included in application packet (for multi-centered studies, approval from or evidence of submission to IRB/AUC for all sites is required)
- Clearly stated research hypothesis
- Statement of Conditions is signed by **Principal Investigator** and **Institutional Official** and is included in application packet (see below)
- Letter of support from Emergency Medicine Chair is included in application packet
- Letter of support from each co-investigator is included in application packet
- Other grant support for all investigators is included in application packet
- Submission via the on-line application system is required. Late applications will not be considered. Submit application at <https://emfoundation.aibs-scores.org>

## **Emergency Medicine Foundation and ApolloMD Health and Well-Being Research Grant**

|                             |                                          |
|-----------------------------|------------------------------------------|
| <b>Application Deadline</b> | <b>December 10, 2026, by 6:00 pm EST</b> |
| Notification of Award       | June 2027                                |
| Funding Period              | July 2027 – June 2028                    |
| Funding Amount Per Award    | \$15,000                                 |
| Number of Awards            | One                                      |

### **RESEARCH TOPICS**

The grant seeks research that identifies, implements and evaluates strategies for establishing, enhancing and expanding resilience, mental health, and wellness for emergency physicians. Studies may include, but are not limited to:

- Solutions to reduce stressors that affect the well-being, effectiveness and resiliency of emergency physicians
- Approaches to create a supportive and healthy “well-workplace” for emergency physicians
- Identification and solutions of factors that lead to burnout, moral injury and workplace stressors

EMF encourages application partnerships between research universities and community emergency departments.

### **GRANT FUNDING SOURCE**

This grant opportunity is funded by ApolloMD. As a condition of receiving grant funding, the recipient agrees to acknowledge the financial support of EMF and ApolloMD in any publications, presentations, reports, or other public communications related to the funded research. The recipient will provide EMF and ApolloMD with a copy of the final published or presented work for its records.

### **ELIGIBILITY**

The principal investigator must be an emergency medicine resident or have a primary faculty appointment in emergency medicine. The principal investigator will make all arrangements for conduct of the proposed research projects and assumes responsibility for conducting the research projects and supervising the work of all associate investigators.

### **INSTITUTIONAL SUPPORT**

The applicant is required to demonstrate that the project will be successfully completed at their institution. The applicant must demonstrate that access to a suitable caseload, patient population or database will be available for study during the funding period. **Research must be approved by the institutional review board (IRB), or its equivalent, and a copy of the approval or pending approval sent with this application. IRB approval must be documented prior to dispensation of EMF funds.**

The applicant must also submit a letter from the Chair/Director of Emergency Medicine stating that adequate funds and time will be available to the applicant to complete the proposed project.

### **EVALUATION OF APPLICATIONS**

Each application will be reviewed by emergency medicine specialists who are actively involved in basic science and clinical research. Each application will be judged primarily on: (1) the significance of the project to emergency medicine, (2) the soundness of the research methodology, (3) the likelihood the project will be completed, and (4) innovation. The final funding decision will be made by the Emergency Medicine Foundation Board of Trustees and all decisions are final.

## **TERMS OF THE AWARD**

The E Emergency Medicine Foundation/ApolloMD Health and Well-Being grant funds will be disbursed semi-annually over the one-year cycle. Disbursement of payments will be contingent upon satisfactory progress reports.

### Limitations on Awards

Funds may be used for materials and supplies and to provide salary support. Capital equipment expenditures (costing more than \$5,000 and a life of over one year) must be justified in the budget. Payments will be made to the principal investigator's institution that will be responsible for administering the funds. The Emergency Medicine Foundation will not be responsible for institutional overhead, cost for publications, travel, renovations, or secretarial support. Detailed audited financial reports may be required. The EMF is not fiscally responsible for funds necessary for the project's completion.

### Change of Status of Principal Investigator

If the principal investigator changes affiliations or ceases research in the field for which the award was made, the award will terminate, and the remaining balance will be returned to the Emergency Medicine Foundation.

### Liability of the Emergency Medicine Foundation

EMF and ApolloMD assumes no financial liability if patient care responsibilities of any kind are undertaken by the program faculty or investigator. The principal investigator and his or her institution acknowledge that the EMF and ApolloMD are not legally liable for the conduct of the institution, the principal investigator, the program faculty, or any associate investigators.

### Patent Policy

The principal investigator and institution acknowledge that, though unlikely, if a patentable invention or discovery is conceived, or conceived and reduced to practice by EMF-supported personnel during the award year, the EMF must be apprised of the invention and the institution's plans for protecting such invention under existing institutional patent policy. The EMF will defer to institutional policies when they are in compliance with those of the Federal government. The EMF reserves the right where the organization has no patent policy, or policies not in compliance with those of the federal government, to claim rights and interests in the invention or discovery.

## **SUPPORT FACILITIES**

The applicant must submit letters of support if the proposed project uses facilities not routinely available to or directly under the supervision of the sponsoring program.

## **PUBLICATIONS**

All discoveries resulting from work supported in part by the Foundation should be made available to the public and scientific community through scientific and/or public policy channels such as national meetings and peer-reviewed publications. Publications will acknowledge the support of the Emergency Medicine Foundation and ApolloMD. Two electronic reprints of each publication should be forwarded to the Emergency Medicine Foundation.

## **PROGRESS REPORTS AND MONEY MANAGEMENT**

The principal investigator will submit a six-month progress report and a final progress report within thirty days of the conclusion of the award year. Additional reports may be required. Failure to provide the reports will delay transmission of funds. Furthermore, failure to provide interim and final reports to the Foundation may negatively impact your institution's ability to apply for future EMF awards. EMF will maintain the copyright of all such reports. Progress reports must include an accounting report using Generally Accepted Accounting Procedures showing the distribution of funds with a signature from an institutional official (e.g., accountant, grants manager, administrator from the Office of Sponsored Research). The EMF reserves the right to withhold

release of interim funds if >25% of the previous cycle remains unspent. The EMF allows up to 25% of funds to be carried over from one cycle to the next.

## **SURVEYS**

The principal investigator and the institution will be surveyed periodically following completion of the award regarding career paths, subsequent grants/contracts obtained, and publications. The principal investigator and the institution will be expected to respond to these surveys as the Foundation will rely on such information to support continuation of the award program.

## **ABSTRACT PRESENTATION – ACEP RESEARCH FORUM**

Awardees are required to present their work at the American College of Emergency Physicians (ACEP) Scientific Assembly/Research Forum immediately following the completion of the award. At the time of submission, abstracts must not have been accepted for publication in any journal. Also, abstracts may not be presented at any U.S. nationwide emergency medicine meeting or major international emergency medicine meeting prior to the ACEP Scientific Assembly. Presentations at non-emergency medicine meetings is allowed after presentation at ACEP. Funds cannot be requested to cover the travel cost nor registration to Research Forum.

## **GRANTEE WORKSHOP**

Grantees are expected to attend a grantee workshop in Bethesda, MD. The workshop is designed to bring together EMF grant recipients to present their progress and discuss any problems they may be facing. Senior researchers and faculty will be available to help solve problems, such as enrollment efforts, managing staff and life-work balance. NIH program officers participate in this workshop to discuss funding opportunities, provide research career advice and network with the grantees. Travel expenses will be reimbursed by the Emergency Medicine Foundation.

## **CONTACT INFORMATION**

Please address questions to Cynthia Singh, MS, Deputy Executive Director at [csingh@acep.org](mailto:csingh@acep.org).

## APPLICATION INSTRUCTIONS

Do **not** submit an incomplete application. **An application will be considered incomplete if it is illegible, if it fails to follow instructions, or if the material presented is insufficient to permit an adequate review.**

Unless specifically required by these instructions (e.g., human subjects certification, vertebrate animals verification) do **not** send supplementary material.

The application consists of the following sections:

### 1. COVER PAGE

Name the **one** person responsible to the applicant organization for the scientific and technical direction of the project. Choose a title that is descriptive and specifically appropriate, rather than general. List the Mentor and any associate investigators. (See sample below)

### 2. ABSTRACT (limit 1 page)

Summary of research proposal. Include rationale, research hypothesis, specific aims, and significance.

### 3. TABLE OF CONTENTS

### 4. RESEARCH STRATEGY (limit 3 pages)

Please use the following subheadings:

#### *Specific Aims* (limit 1 page)

- State concisely the goals of the proposed research and summarize the expected outcome(s), including the impact that the results of the proposed research will exert on the research field(s) involved.
- List succinctly the specific objectives of the research proposed, e.g., to test a stated hypothesis, create a novel design, solve a specific problem, challenge an existing paradigm or clinical practice, address a critical barrier to progress in the field, or develop new technology.

#### *Significance*

- Explain the importance of the problem or critical barrier to progress in the field that the proposed project addresses.
- Explain how the proposed project will improve scientific knowledge, technical capability, and/or clinical practice in one or more broad fields.
- Describe how the concepts, methods, technologies, treatments, services, or preventative interventions that drive this field will be changed if the proposed aims are achieved.

#### *Innovation*

- Explain how application challenges and seeks to shift current research or clinical practice paradigms.
- Describe any novel theoretical concepts, approaches or methodologies, instrumentation or interventions to be developed or used, and any advantage over existing methodologies, instrumentation, or interventions.
- Explain any refinements, improvements, or new applications of theoretical concepts, approaches or methodologies, instrumentation, or interventions.

#### *Approach*

- Describe the overall strategy, methodology, and analyses to be used to accomplish the specific aims of the project.
- Discuss potential problems, alternative strategies, and benchmarks for success anticipated to achieve the aims.
- If the project is in the early stages of development, describe any strategy to establish feasibility, and address the management of any high-risk aspects of the proposed work.

- Preliminary Studies. Include information on Preliminary Studies. Discuss the PD/PI's preliminary studies, data, and or experience pertinent to this application. Preliminary data can be an essential part of a research grant application and help to establish the likelihood of success of the proposed project.

**5. PERSONAL STATEMENT (limit 1 page)**

The applicant should compose and submit a personal statement that addresses:

- a. the applicant's interest in the topic and this project
- b. the applicant's perception of his/her role in the project
- c. any additional pertinent experience or interests the applicant wishes the committee to consider

**6. ROLE OF PARTICIPANTS (limit 1 page)**

List the Mentor and each associate investigator and consultant. Include a brief description of how and to what extent each will be involved in the proposed project. Describe how and to what extent the EMF Research Fellow will be involved on the projects.

**7. BIOGRAPHICAL SKETCHES**

Use the NIH Biographical Sketch Format Page available on the internet at <https://grants.nih.gov/grants/forms/biosketch.htm> Information is requested for the applicant, mentor and any associate investigators who will be involved with the projects.

**9. RESOURCES AND ENVIRONMENT**

Describe the research facilities (laboratory space, clinical population, etc.) available for fellowship training. If computer access or statistical support is available, it should be described in this section.

**10. BUDGET**

Use the NIH Form Detailed Budget for Initial Budget Period available on the internet at [www.grants.nih.gov/grants/funding/phs398/phs398.html#](http://www.grants.nih.gov/grants/funding/phs398/phs398.html#) Provide a budget narrative to indicate how the money will be spent. Justify all major expenditures. Institutional overhead is not allowed.

**11. OTHER SUPPORT**

List all current and pending intramural and extramural research funding for the applicant, Mentor and co-investigators. For each item indicate the grant identification number, grant type, PI, funding source, annual direct costs, funding period, percent effort, grant title, and brief description of project. For all items indicate whether there is any scientific or budgetary overlap with the current proposal.

**12. ETHICS (limit 4 pages)**

**Human subjects.** For all research involving human subjects, a part of the peer review process will include careful consideration of protections from research risks, as well as the appropriate inclusion of women, minorities, and children. The EMF Scientific Review Committee (SRC) will assess the adequacy of safeguards of the rights and welfare of research participants, and the appropriate inclusion of women, minorities, and children, based on the information in the application. This evaluation will be factored into the overall score. The information on the protection of human subjects that you are required to provide in this section is identical to information that you will be required to provide for IRB at your own institution and are required by most Federal agencies. This section must address the following items. These can be copied and pasted directly into your application.

The applicant should include specific measures on how protected health information (as defined by the Human Health Services) will be handled in accordance with the Privacy Rule of the Health Insurance Portability Accountability Act (HIPAA).

## **1. RISKS TO THE SUBJECTS**

### **a. Human Subjects Involvement and Characteristics**

*d.* Describe the proposed involvement of human subjects in the work outlined in the Research Design and Methods section. Describe the characteristics of the subject population, including their anticipated number, age range, and health status. Identify the criteria for inclusion or exclusion of any subpopulation. Explain the rationale for the involvement of special classes of subjects, such as fetuses, neonates, pregnant women, children, prisoners, institutionalized individuals, or others who may be considered vulnerable populations. Note that 'prisoners' includes all subjects involuntarily incarcerated (for example, in detention centers) as well as subjects who become incarcerated after the study begins. List any collaborating sites where human subjects research will be performed and describe the role of those sites in performing the proposed research.

*e.*

### **b. Sources of Materials**

*f.* Describe the research material obtained from living human subjects in the form of specimens, records, or data.

*g.* Describe any data that will be recorded on the human subjects involved in the project.

*h.* Describe the linkages to subjects and indicate who will have access to subject identities.

*i.* Provide information about how the specimens, records, or data are collected and whether material or data will be collected specifically for your proposed research project.

*j.*

### **c. Potential Risks**

*k.* Describe the potential risks to subjects (physical, psychological, social, legal, or other) and assess their likelihood and seriousness to the subjects.

*l.* Where appropriate, describe alternative treatments and procedures, including the risks and benefits of the alternative treatments and procedures to participants in the proposed research.

## **2. ADEQUACY OF PROTECTION AGAINST RISKS**

### **a. Recruitment and Informed Consent**

*m.* Describe plans for the recruitment of subjects (where appropriate) and the process for obtaining informed consent. If the proposed studies will include children, describe the process for meeting requirements for parental permission and child assent.

*n.* Include a description of the circumstances under which consent will be sought and obtained, who will seek it, the nature of the information to be provided to prospective subjects, and the method of documenting consent. Informed consent document(s) need not be submitted to the PHS agencies unless requested.

*o.*

### **b. Protection Against Risk**

*p.* Describe planned procedures for protecting against or minimizing potential risks, including risks to confidentiality, and assess their likely effectiveness. Where appropriate, discuss plans for ensuring necessary medical or professional intervention in the event of adverse effects to the subjects. Studies that involve clinical trials (biomedical and behavioral intervention studies) must include a description of the plan for data and safety monitoring of the research and adverse event reporting to ensure the safety of subjects.

## **3. POTENTIAL BENEFITS OF THE PROPOSED RESEARCH TO THE SUBJECTS AND OTHERS**

- q.* Discuss the potential benefits of the research to the subjects and others.
- r.* Discuss why the risks to subjects are reasonable in relation to the anticipated benefits to subjects and others.

#### **4. IMPORTANCE OF THE KNOWLEDGE TO BE GAINED**

- s.* Discuss the importance of the knowledge gained or to be gained as a result of the proposed research.
- t.* Discuss why the risks to subjects are reasonable in relation to the importance of the knowledge that reasonably may be expected to result.

#### **5. DATA AND SAFETY MONITORING PLAN (if applicable)**

- u.* If your research includes a clinical trial, create a heading entitled "Data and Safety Monitoring Plan." Provide a general description of a monitoring plan that you plan to establish as the overall framework for data and safety monitoring.
- v.*
- w.* Vertebrate Animals. For all applications involving vertebrate animals, the applicant must address the following five items. These five points may be copied and pasted directly into the application.
  1. Provide a detailed description of the proposed use of animals in the work outlined in the Research Design and Methods section. Identify the species, strains, ages, sex, and numbers of animals to be used in the proposed work.
  2. Justify the use of animals, the choice of species, and the numbers to be used. If animals are in short supply, costly, or to be used in large numbers, provide an additional rationale for their selection and numbers.
  3. Provide information on the veterinary care of the animals involved including the name of the supervising veterinarian. Include information from the Association for Assessment and Accreditation of Laboratory Animal Care International: the name of the accredited parent organization (e.g., University of X) and the certificate number and date of last inspection.
  4. Describe the procedures for ensuring that discomfort, distress, pain, and injury will be limited to that which is unavoidable in the conduct of scientifically sound research. Describe the use of analgesic, anesthetic, and tranquilizing drugs and/or comfortable restraining devices, where appropriate, to minimize discomfort, distress, pain, and injury.
  5. Describe any method of euthanasia to be used and the reasons for its selection. State whether this method is consistent with the recommendations of the Panel on Euthanasia of the American Veterinary Medical Association. If not, present a justification for not following the recommendations.

#### **13. LITERATURE CITED**

#### **14. APPENDIX**

Include letters of support from the department chairs, and associate investigators (required). Include proof of IRB approval or submission. Copies of questionnaires and relevant testing forms should also be included as appendices. No page numbering is necessary for Appendix. Do not use appendix to circumvent page limitations for research plans. Do not include experimental methods, protocols or figures that should be incorporated within the research project description.

#### **15. SIGNED STATEMENT OF CONDITIONS (see below)**

Principal Investigator (*Last, first, middle*): \_\_\_\_\_

## Table of Contents

|       |                                                     |
|-------|-----------------------------------------------------|
| _____ | Cover Page                                          |
| _____ | Abstract                                            |
| _____ | Table of Contents                                   |
| _____ | Introduction to Revised Application (if applicable) |
| _____ | Research Proposal                                   |
| _____ | Personal Statement                                  |
| _____ | Role of Participants                                |
| _____ | Biographical Sketch                                 |
| _____ | Resources and Environment                           |
| _____ | Detailed Budget                                     |
| _____ | Other Support                                       |
| _____ | Ethics                                              |
| _____ | Literature Cited                                    |
| _____ | Appendix                                            |
| _____ | Signed Statement of Conditions                      |

## Cover Page Sample

Full Name with Titles: \_\_\_\_\_

Name of Institution: \_\_\_\_\_

Grant Category: \_\_\_\_\_

Project Title: \_\_\_\_\_

Amount Requesting: \_\_\_\_\_

Mentor, if applicable: \_\_\_\_\_

## STATEMENT OF CONDITIONS GOVERNING THE EMERGENCY MEDICINE FOUNDATION GRANT

It is understood that any Emergency Medicine Foundation Research Grant approved by the Emergency Medicine Foundation will be made with the following conditions:

1. Institutional overhead is not allowed.
2. The principal investigator's institution is organized for humanitarian purposes and is not a profit-making organization.
3. All reports of work achieved with this grant will acknowledge the support of the Emergency Medicine Foundation and any co-sponsors.
4. Any discovery that arises from work supported by the Emergency Medicine Foundation will be submitted for publication. Two electronic reprints of each electronic publication will be forwarded to the Emergency Medicine Foundation.
5. Independent progress reports by the applicant will be submitted to the Emergency Medicine Foundation mid-project, and within thirty days of completion of the funding period. Additional reports may be required. The Emergency Medicine Foundation will maintain the copyright of all such reports.
6. Participation in the Emergency Medicine Foundation Grantee Workshop is expected. The Emergency Medicine Foundation will reimburse travel expenses.
7. Grantees must submit the abstract of the funded project to the ACEP Research Forum at the end of the project. Research Forum is held each year during the American College of Emergency Physicians Scientific Assembly. Grant funds may not be used for registration nor travel.
8. If the named principal investigator leaves the institution or terminates research in the designated field, all remaining funds revert to the Emergency Medicine Foundation. If unused funds exist at the completion of the project, all remaining funds revert to the Emergency Medicine Foundation.
9. Patent rights will conform to institutional standards. If none exist, the Emergency Medicine Foundation reserves the right to protect such interests.
10. No research proposal will be funded unless the Principal Investigator and the Institutional Official of the sponsoring institution affirm:
  - a. That the investigation(s) proposed in this application are endorsed by the Animal and/or Human Subjects Committee or other designated body of the preceptor's institution, and
  - b. That any research involving human subjects conforms with the principles of the Helsinki Code of the World Medical Association, and
  - c. Research involving animals or human subjects must be approved by the institutional review board (IRB), or its equivalent, and a copy of the approval or pending approval sent with this application. IRB approval must be documented prior to dispensation of Emergency Medicine Foundation funds.
  - d. That research involving vertebrate animals will conform with the "Guiding Principles in the Care and Use of Animals" as approved by the Council of the American Physiological Society.
  - e. Research involving vertebrate animals must have approval from the Institutional Animal Care and Use Committee.

---

Date    Signature of Principal Investigator

---

Type Name of Principal Investigator

---

Date    Signature of Mentor, if applicable

---

Type Name of Mentor, if applicable

---

Date    Signature of Institutional Official

---

Type Name of Institutional Official